



Pre-K Gourmet is the premier pre-school & childcare center food service provider in Central Pennsylvania. We supply quality, homemade lunches that follow government nutritional guidelines & arrive ready to be served.

Our meals are nutritious, great tasting and help establish healthy eating habits. We accomplish this by using fresh and locally grown fruits and vegetables (organic and/or seasonal when possible), low fat meats and whole grain breads. We limit the amount of fat, salt, and sugar that goes into the meals, and prepare the meals fresh from our kitchen each day. Every food item that you receive is ready to be served so you don't have to worry about doing all the shopping, cooking or clean up - even heating is not necessary.

Now more than ever it is a huge benefit to have a certified food service provider working with your childcare center. When lunch is provided, it helps to limit the number of items being brought into school each day by parents potentially spreading more germs. We offer curbside 'no touch' delivery and our meals are sent in bulk portions convenient to your school needs, ready to be portioned into individual servings.

Our philosophy is simple: we strive to provide the best possible food for every meal we prepare. We enjoy cooking and always prepare fresh, healthy, flavorful meals at a fair price with great customer service. We follow the nutritional guidelines as provided by the U.S. Department of Agriculture to ensure that all the children participating in our program are receiving a healthy and well-balanced meal.

We hope to have the opportunity to be your food service provider and thank you for your interest in our program.

Sincerely,

  
Neil and Meghan Bear

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