



WHAT TO BRING ON YOUR INFANT'S FIRST DAY AT SEEDLINGS ACADEMY

- Crib sized sheet (will remain at Seedlings and will be laundered with perfume/dye free laundry soap)
- Sleep sack/swaddle, if necessary (will remain at Seedlings and will be laundered with perfume/dye free laundry soap)
- Pacifier, if necessary
- Extra set of clothes (seasonally appropriate)
- Bibs and spit up rags
- Diapers
- Wipes
- Diaper Cream
- Seasonally appropriate outer wear (hat, gloves, coat, etc.)
- Picture of child with their family
- Milk
 - Breastmilk (may be fresh or frozen, in bags or bottles)
 - Formula (may come prepared in bottles or clean bottles and powder formula for teachers to prepare)
- Solid Foods your child may be eating for meals and/or snacks, if applicable. Seedlings does not provide solid food to infants under one year of age.
- Sunscreen (lotion, not spray)

*Please be sure to label all items with your child's name

We are asking that parents not bring backpacks or diaper bags, in order to mitigate the spread of germs.